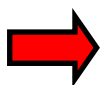
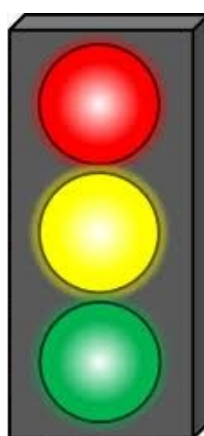


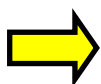
# ST. MARY'S PRIMARY SCHOOL DUBBO



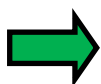
## CANTEEN MENU



Little nutritional value



Some nutritional value



Nutritious & healthy food

## PAPER BAG

# Please include a paper bag with all online orders	\$0.10	Paper Bag	\$0.10
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## MAIN MEALS

# Add BBQ Sauce	\$0.20	# Add Tomato Sauce	\$0.20
# Make Mine Toasted	\$0.20		
Fish & Salad	\$5.00	Cheese Burger	\$4.00
Chicken Burger (with Lettuce & Mayonnaise)	\$4.00	Chicken Burrito	\$4.00
Fried Rice	\$4.00	Honey Soy Chicken with Rice (avail. Terms 1 & 4)	\$4.00
Hot Dog (Plain)	\$3.00	Hot Dog with Tomato Sauce	\$3.20
Large Pie (Low Fat) with Sauce	\$4.00	Lasagne	\$4.00
Leg Ham & Cheese Sandwich (on wholegrain)	\$3.50	Meatball Sub	\$4.00
Skinless Roast Chicken, Cheese & Mayonnaise Sandwich (on wholegrain)	\$3.50	Sausage Roll with Sauce	\$3.00
Macaroni & Cheese	\$4.00	Ham & Pineapple Pizza	\$4.00
		Meatlovers Pizza	\$4.00

## SNACKS

Chicken Crackle	\$0.50	Chicken Stick (lean)	\$0.50
Hash Brown	\$0.50	Party Pie	\$1.00
Protein Balls	\$0.50		

= Made Fresh in House

= Half Made Fresh in House


## HEALTHY CHOICES

Step 1.	Pick a Base - Burger Bun	\$1.00	
Step 1.	Pick a Base - Empty Tray with Knife & Fork	\$1.00	
Step 1.	Pick a Base - Hot Dog Roll	\$1.00	
Step 1.	Pick a Base - Mission Wrap	\$1.00	
Step 1.	Pick a Base - Wholegrain Bread	\$1.00	
Step 2.	Pick your Filling - Chicken (Skinless Roasted)	\$1.50	●
Step 2.	Pick your Filling - Chicken Patty (Hot)	\$2.00	●
Step 2.	Pick your Filling - Crumbed Fish (Hot)	\$1.50	●
Step 2.	Pick your Filling - Ham (Honey Leg)	\$1.50	●
Step 3.	Add Beetroot	\$0.50	●
Step 3.	Add Carrot	\$0.50	●
Step 3.	Add Cheese Slice	\$0.50	●
Step 3.	Add Cucumber	\$0.50	●
Step 3.	Add Lettuce	\$0.50	●
Step 3.	Add Tomato	\$0.50	●
Step 4.	Add a Sauce - BBQ Sauce	\$0.20	
Step 4.	Add a Sauce - Mayonnaise	\$0.20	
Step 4.	Add a Sauce - Tomato	\$0.20	



Healthy  
Eating

## HEALTHY SALADS

	Honey Soy Vege & Chicken Noodle Salad <i>(only Terms 1 &amp; 4)</i>	\$4.00	●
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## FRUIT

Apple, Banana, Mandarins <i>(when available)</i>	\$0.50
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## SPECIAL REQUEST

# No Lettuce	\$0.00
# No Mayo	\$0.00
# No Sauce	\$0.00

## DRINKS

100% Fruit Juice - Apple/Blackcurrant		\$2.00	●
100% Juice - Apple		\$2.00	●
100% Juice - Orange		\$2.00	●
100% Juice - Passio		\$2.00	●
Flavoured Milk - Chocolate		\$2.00	●
Flavoured Milk - Strawberry		\$2.00	●
Water		\$1.00	●

## MISCELLANEOUS

Bulla Frozen Yoghurt - Mango		\$2.00	●
Bulla Frozen Yoghurt - Raspberry		\$2.00	●
Mini Calippo - Raspberry		\$1.50	●
Icy Twist - Lemonade		\$1.50	●
Cyclones		\$1.50	●
Quelch Icy Bite (99% Juice)		Full \$0.60 Half \$0.30	●
Chips		\$1.00	●
Popcorn		\$0.50	●

**Orders can be made Online through MunchMonitor.**  
*It is advisable to order in advance.*



Fresh Seasonal Fruit

**Recess: 11am to 11.30am**

**Lunch: 1pm to 1.30pm**

